

SATB

Mari's Meditation

\$2.50

Christopher Alexander

Mari's Meditation

SATB, a cappella
(with opt. Piano and Synthesizer)

cantareworks

THE MUSIC OF CHRISTOPHER ALEXANDER

About the Work

Original words (written by a former student of mine) become illustrated in this meditative choral work. Lyrical voice leading and rich harmonic tapestries truly support the poetry. This work is intended to be a moment of peace and healing for chorus and audience alike. Add piano and dually-synthesized strings and voices for a truly authentic meditation experience.

*I place my feet on the earth
Inhale, I am safe.
Exhale, I am peace.
The sun kisses my face.
I am whole.*

*Each blade of grass breathes in spirit.
Each seed bursting with divine life.
A light that cannot be tamed, cannot be lost.
Each bird sings praises of the Most High.
Harmonious and elegant, the dance of duality.
Spinning round and round into infinity.*

*Straightening my spine
Lungs full with light
I am love, my heart swells
The well in my chest bubbles, overflowing.
Colors of orange and green swirl all around.
Tickling my outstretched fingertips.*

*Energy encircles my throat
Om.
Calling in the Divine.
The channel is clear, I am alive.*

*My third eye vibrates
Centered, awake.
Lotus petals unfold in endless symmetry.
Sacred heart, sacred mind, sacred spirit.*

*Om.
Inhale, exhale.
Call in the Divine.
Safe. Present. Whole. Alive.*

*Interconnected with all that is.
Interdependent upon this web of existence.
What a gift to be enlivened by the love that knows no bounds,
no time, no thing.*

Inescapable love

— Mari Levi
(b. 1995)

About the Composer



Mr. Christopher Alexander is an award-winning composer and arranger from St. Joseph, Missouri. He received his Bachelor of Science in Vocal Music Education degree from Missouri Western State University in 2009. A self-taught pianist, his compositions and arrangements ranging from instrumental works to vocal solo and choral literature. Mr. Alexander has been commissioned numerous times by singing groups and church choirs within the northwest Missouri and northeast Kansas regions. He is also active in musical theatre productions as a music director and pianist. His works have been published with GIA Music Publications, Hal Leonard, and Excelcia Music Publishing.

In 2016, he was awarded the St. Joseph Allied Arts Council Mayor's Award for Artist of the Year. In 2023, he was inducted into the New Generation Singers Hall of Fame.

Mr. Alexander currently serves as the pianist and primary arranger for The New Generation Singers, a Christian singing youth group based in St. Joseph, Missouri. He is a member of NAfME, ACDA, MCDA, and Phi Mu Alpha Sinfonia Fraternity.

He is available for commissions and conducting events on request.

MARI'S MEDITATION

SATB a cappella, with opt. Piano and Synthesizer

Words by
MARI LEVI

Music by
CHRISTOPHER ALEXANDER

Largo tranquillo (♩ = 64)

SYNTHESIZER

D F#m

mp

Combo: WARM PAD, STRINGS and CHOIR VOICES
Be sure to create biggest resonance with little to no strident quality

5 G A7

9 *PIANO

D F#m

mp

Pedal harmonically throughout

SYNTHESIZER

D F#m

*If not using Synthesizer, start at measure 9.

**If not using Piano or Synthesizer, start at measure 17.

Piano score on page 35, Synthesizer score on page 41.

Mari's Meditation

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SOPRANO

**
mp

ALTO

mp

TENOR

mp

BASS

mp

(PIANO)

G

A7

(SYNTHESIZER)

G

A7

Mari's Meditation

17

place my feet on the earth, In - hale, I am safe, Ex - hale, I am

place my feet on the earth, In - hale, I am safe, Ex - hale, I am

8 place my feet on the earth, In - hale, I am safe, Ex - hale, I am

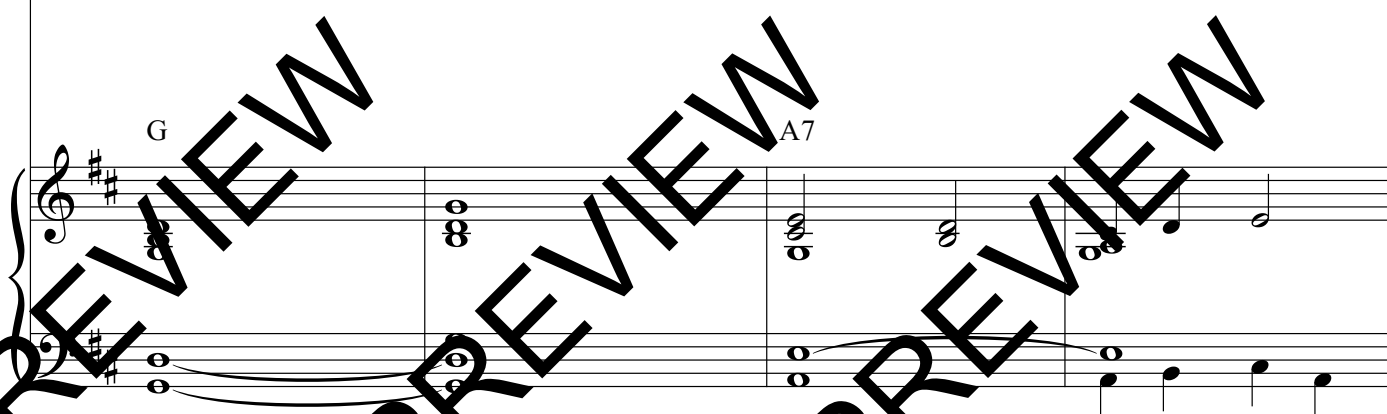
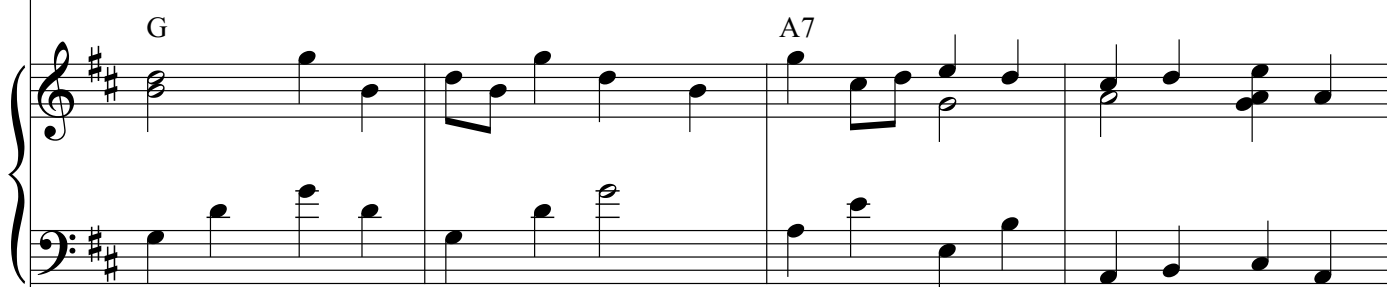
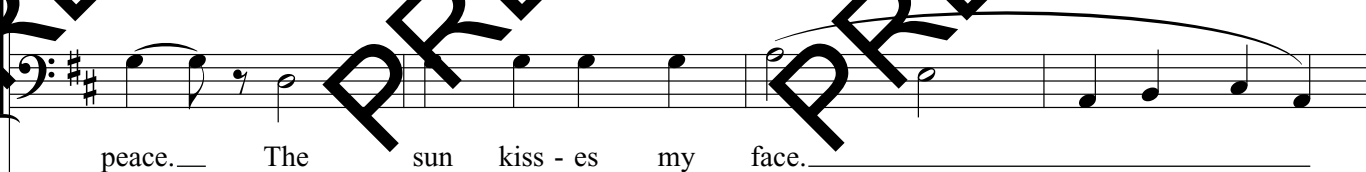
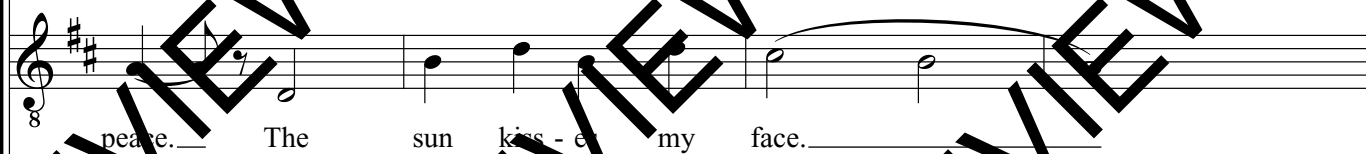
place my feet on the earth, In - hale, I am safe, Ex - hale, I am

D F#m

D F#m

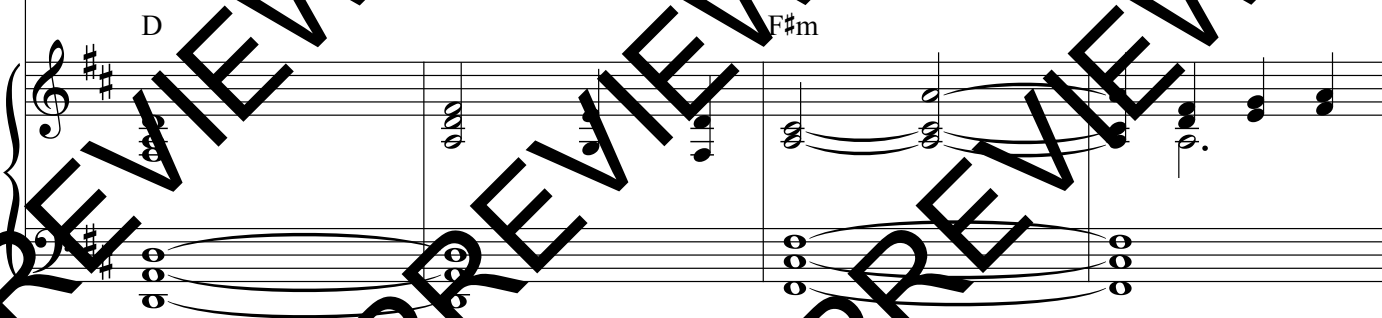
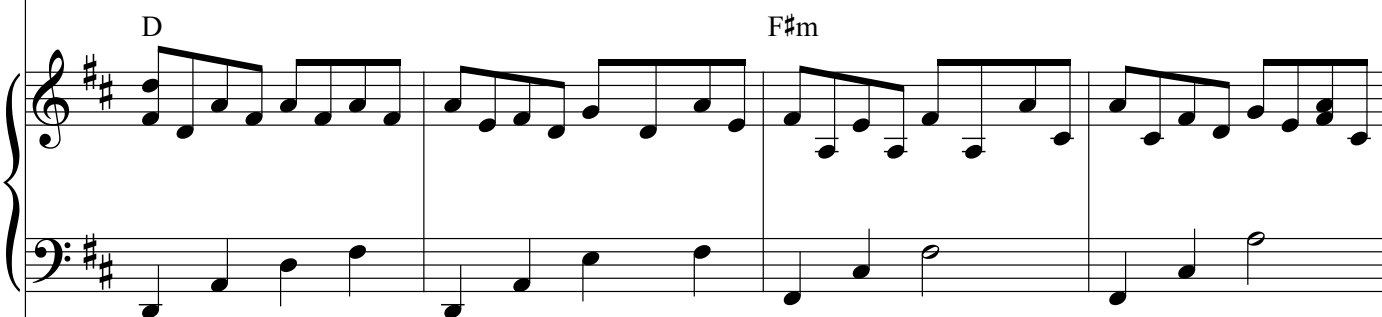
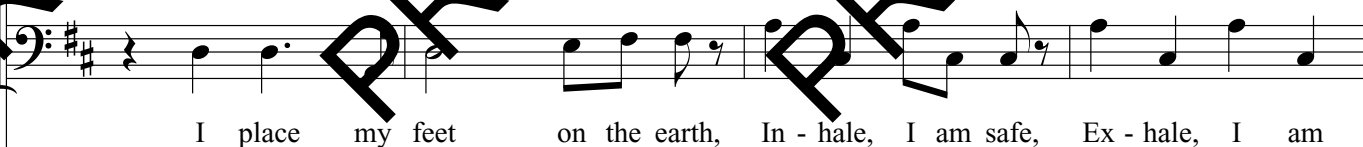
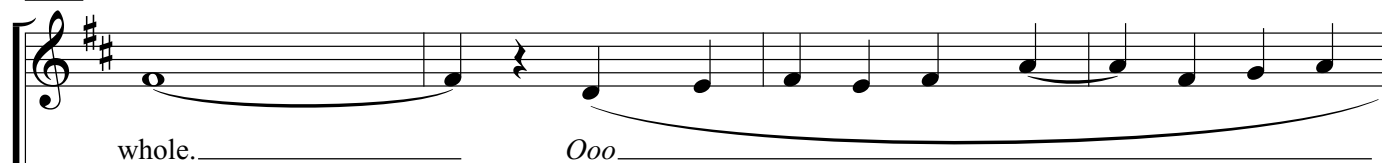
Mari's Meditation

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Mari's Meditation

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Mari's Meditation

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_____ *Ooo* _____ Each

_____ *Ooo* _____ Each

8 peace. The sun kiss - es my face. I am whole. Each

peace. The sun kiss - es my face. I am whole. Each

G A7

G A7